

Wildcat Fitness Ninjas

*A better tomorrow
begins today.*



We are pleased to announce a new student group "Wildcat Fitness Ninjas" for our 3rd and 4th graders at Walker Elementary. Students will meet with their peers during lunch and recess times once a month. Each group (3rd Boys, 3rd Girls, 4th Boys and 4th Girls) will meet with a teacher advisor to enjoy lunch, discuss character traits and encourage physical fitness. The group will encourage and teach healthy lifestyle choices such as nutritious food options, good hygiene and exercise. Each meeting will also cover topics such as:

goal setting

manners

healthy friendships

community service

conflict resolution

and more!

Later in the school year, an optional afterschool exercise group will be offered. In partnership with the North Canton Ninja Hub, students will participate in their programming and have the opportunity to visit their gym on a school field trip. We hope to see you there, Ninjas!

If you would like your child to participate in this program, please sign the release form below. Your child will not be permitted to attend the club meetings until the permission slip is returned.

_____ (Student Name) has my permission to participate
in the "Wildcat Fitness Ninjas" Program at Walker Elementary during the 2021-2022 school year.

Homeroom Teacher _____ Shirt Size (Free-Donations Accepted) _____

Parent/Guardian Signature: _____ Student Signature: _____

*Return By:

