



YOUTH WRESTLING

Skilled Committed Focused Coaching Staff

Johnny Manzonie

- 4X Nevada State Runner Up
- Montana State University Wrestler

Contact Information:

740-801-1598

Joe Retherford

- CS Head Wrestling Coach
- 2X Team State Champion Coach (Perry HS)
- Kent State University Varsity Wrestler
 - 2X Freestyle State Champion
 - OHSAA Div 1 State Runner-up



Practices will be held at:
Canton South High School
Wrestling Room

Varsity Practice Schedule (Grades 4-5-6):

Monday, Tuesday, Wednesday & Friday
6:00 pm – 8:00 pm
Saturday – TBA

Allstar Practice Schedule (Grades K-3):

Tuesday & Wednesday
6:00pm – 7:30pm

* Practice Schedules Subject to Change*

Participation Fee \$80

(Payment Options Available)

- Cash & Checks Payable to CS Wrestling Club
- PayPal – @cswrestlingclub@gmail.com
- Venmo – @CS-Wrestlingclub

- Free Entry into Canton South Youth Wrestling
Open on December 14, 2019

Name:

Grade:

Age:

DOB:

Address:

Phone:

Email:

DID YOU KNOW?

Many famous Americans have attributed their success to the life lessons the sport of wrestling provided them. These iconic individuals are from the political, business, entertainment and professional sports worlds.

MMA/UFC Who Also Wrestled

- Brock Lesner
- Rashad Evans
- Randy Corture
- Josh Koscheck
- Dan Henderson
- Mark Coleman (OSU)
- Jonny Hendrix
- Kevin Randalman (OSU)
- Jon Jones

NFL

Many NFL players used the skills learned in wrestling to help them in football. There are WAY to many to list here, but Google "Football players who wrestled" and you will see how many great athletes wrestled their way to the top of life.

Ray Lewis LB
Tim Anderson DL
Mike Vrabel LB
Roddy White WR
Lorenzo Neal FB
Tedy Bruschi LB
Chuck Noll LB
Stefen Wisniewski OL

Warren Sapp DL
Tim Krumrie DL
Erick Rhett RB
Ricky Williams RB
Tiki Barber RB
Stephen Neal OL
Jim Plunkett QB

And many many more.

WWE Superstars Who Also Wrestled

- Brock Lesner
- Otis Dozovic
- Kurt Angle
- Sawyer Fulton
- Chad Gable
- Dolph Ziggler (Kent State)
- Jason Jordan
- Tucker Knight
- Jack Swagger

WRESTLING BUILDS

- Character
- Pride
- Ownership
- Independence
- Work ethic
- Drive
- Commitment
- Aspiration
- Patience
- Discipline
- Strength
- Power

KIDS WHO WRESTLE ARE

- Smart
- Funny
- Fit
- With it
- In Style
- Strong
- AWESOME!!!!

No Child Is Ever 'Cut' From Any Level Of The Wrestling Program

IS WRESTLING RIGHT FOR YOUR FAMILY?

Yes!